



MOTORCYCLE TOURING

checklist

Clothes

- 3 Boxer shorts
- 1 boxer brief
- 2 full sleeve tees
- 2 half sleeve quick dry tees
- 1 Jogger
- 1 Short
- 1 Tank top
- 2 Handkerchief
- 1 Towel
- 3 pair socks
- Plastic bags
- 1 Cap
- 1 Jacket
- Eye mask and ear plugs
- 1 set of thermals
- 1 pair flip flops

Medicines

- Medications to treat colds, allergies, respiratory infections, food poisoning, and painkillers
- Supplements and multivitamins
- Odomos
- Mosquito repellents
- ORS Sachets
- Cotton and gauze
- Diclo gel
- Dettol or savlon
- Any regular medications

Food items

- Whey Protein
- Creatine
- Peanut butter
- Protein bars
- Coffee powder
- Tea powder
- Bread
- Dairy whitener
- Corn flakes
- Cup
- Spoon and fork
- Scissors and knife
- Electric travel kettle
- Water bottles - 2 L

Toileteries

- Toothbrush
- Toothpaste
- Sunscreen
- Trimmers
- Lip Balm and moisturiser
- Nail trimmers
- Shampoo and conditioner
- Body wash
- Hair serum and oil
- Bar soap / washing powder
- Comb
- Hair bands
- Sunglasses

Electronics

- Cameras and lenses
- SD Cards
- Laptop and SSDs
- Action camera, phone, watch and laptop
- chargers
- Multi-pin
- Switchboard
- Extension board
- Lav and shotgun mics
- USB type b and c cables
- Power bank
- Mouse and headphones
- Tripod

Documents

- DL
- RC
- Insurance
- Pollution certificate
- Aadhar
- Debit cards
- Cash
- Notebook and pen
- Photographs
- Written emergency contacts

Tools and spares

- Spanner & Allen key set
- Tubes
- Bike toolkit
- Puncture kit
- Chain lube and cleaner
- Chain brush and cloth
- Brake pads
- Fuses
- Wiping cloth
- Rubber gloves
- Spark plug
- Air pump
- Disc lock
- Zip ties
- Tyre wrench

have fun

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